

Class 10 Board Exam Study Planner and Strategy

A simple 90-day plan, subject tips and exam-day habits. Check the latest CBSE circular for exact dates and rules.

Know the exam format first

- From 2026, CBSE Class 10 has two board exam phases: phase 1 (February-March) is compulsory and phase 2 (May) is optional, and the better score can be kept. Always confirm the current rules and dates on cbse.gov.in.
- Read the latest syllabus, marking scheme and sample papers. Competency-based questions are a large part of the paper.
- Internal assessment and practical marks are easy marks. Never skip them.

90-day plan

Phase	Days	Focus
Build	1-40	Finish the syllabus once. One chapter a day for the subject of the day. Make short notes and a formula list.
Practise	41-70	Solve NCERT exercises and examples fully, then previous year and sample papers by chapter.
Revise	71-90	Full-length papers in exam time, error notebook, revise notes and diagrams only.

Daily timetable (example)

Slot	Task
Morning 1.5 h	Hardest subject (maths or science)
Afternoon 1 h	Language or social science reading
Evening 1.5 h	Practice questions or sample paper
Night 30 min	Revise today's notes, plan tomorrow

Tip: Study in blocks of 45 minutes with a 10-minute break. Keep your phone away during the block.

Subject-wise tips

Maths

- Practise daily, not only before the exam. Keep a formula page. Show every step; steps earn marks even if the final answer is wrong.

Science

- NCERT first. Learn definitions, reactions and diagrams. Practise numericals with units.

Social science

- Make timelines for history, maps for geography and flowcharts for civics and economics. Practise map work each week.

English and Hindi

- Practise writing letters, notices and essays in the correct format. Read the unseen passage questions carefully before the passage.

Error notebook

- Write every mistake with the reason (concept gap, calculation, careless, time). Revise this notebook every Sunday. It is the fastest way to raise marks.

Exam day

- Sleep 7-8 hours. Reach early. Read the paper for the first 15 minutes and plan time per section. Answer what you know first. Keep 10 minutes to check.
- Write neatly, use headings and underline key terms. Stay calm; one tough question does not decide the exam.

Health and mind

- Eat regular meals, drink water, walk for 20 minutes and avoid late-night studying. If you feel stress, talk to a parent, teacher or counsellor. Your marks do not decide your worth.

Weekly review checklist

- Did I finish this week's chapters? Did I solve at least 2 papers or sets? Did I revise the error notebook? What is my plan for the next 7 days?