

Career Interest Discovery Worksheet for Class 6 to 8

A fun worksheet for students and parents to notice interests early. It is not a test.

For students and parents

- At this age the goal is to explore, not to decide a career. Try new activities and notice what makes time fly.

Part 1: My favourites

- My favourite subject is _____ because _____.
- Things I do in free time: _____. Things I can talk about for an hour: _____.
- The person I admire is _____ because _____.

Part 2: Interest areas

Area	Do I like it? (yes/maybe/no)
Building and fixing things	
Animals, plants, nature	
Computers, games, apps	
Drawing, design, craft	
Writing stories, speaking, acting	
Numbers, puzzles, chess	
Helping and teaching others	
Sports and fitness	
Business ideas, selling	

Part 3: Mini projects

- Choose one to try this month: grow a plant and record its growth; make a simple budget for a family trip; write a short story; build a model from waste; make a small survey in your colony; learn a basic coding game.

Part 4: Skills to build now

- Reading daily for 20 minutes; clear handwriting; basic maths; one hobby; a habit of asking questions; kindness and teamwork.

Part 5: Parent notes

- Praise effort more than marks. Let your child try without fear of failing. Do not compare with other children. Visit a library, museum or workplace together.

Tip: Revisit this sheet every six months. Interests change, and that is perfectly fine.